

EA2026 INTERNATIONAL CONFERENCE

# Poster Session Programme

with Presenting Authors

Poznań, Poland | 29 June - 1 July 2026



<b>DAY</b> Monday, 29 June 2026	<b>TIME</b> 13:00-14:30	<b>VENUE</b> Faculty of Theology, Adam Mickiewicz University Wieżowa 2/4, 61-111 Poznań
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## Poster Session Overview

Poster range	Session topic	Posters
P01-P02	Finance and Economic Independence	2
P03-P04	Health Promotion	2
P05-P17	Identity Development	13
P18-P25	Mental Health	8
P26	Parenting and Family	1
P27-P30	Religion and Spirituality	4
P31	Romantic Relationships	1
P32-P33	Work & Career	2

Poster numbers are assigned sequentially by thematic session.

**Finance and Economic Independence P01-P02 | 2 posters**

Poster no.	Presentation title	Presenting author
<b>P01</b>	Beyond Income: The Role of Intrinsic and Extrinsic Aspirations in Emerging Adults' Subjective Financial Well-being	Rimantas Vosylis
<b>P02</b>	Exploring the Determinants of Youth Sustainable Financial Literacy	Eija Juntunen

**Health Promotion P03-P04 | 2 posters**

Poster no.	Presentation title	Presenting author
<b>P03</b>	Emerging Adulthood in the Shadow of Multiple Sclerosis. The Role of Self-Management in the Quality of Life of Patients Aged 17-25	Magdalena Brzoza
<b>P04</b>	The Link between Child Maltreatment, Health Behaviors, Physical Health, and Chronic Disease in Emerging Adults	Kimberly Rapoza

**Identity Development P05-P17 | 13 posters**

Poster no.	Presentation title	Presenting author
<b>P05</b>	Life Satisfaction and Identity Commitments Among Emerging Adults: The Mediating Role of Meaning in Life and General Self-Efficacy	Julia Koziura
<b>P06</b>	Hope and Civic Attitudes as Developmental Assets for Civic Engagement in Emerging Adulthood: A Longitudinal Study	Ashley Fraser
<b>P07</b>	Identity Exploration and Psychological Well-Being in Emerging Adulthood: The Role of Deconversion and Religious Support	Maria Czyż
<b>P08</b>	Assessing Emerging Adults' Readiness for Transition to Adulthood	Elaine Van Den Heuvel
<b>P09</b>	Identity Distress, Exploration, and Commitment: Culture and Sex Comparisons	Barbara M. Gfellner
<b>P10</b>	Identity Domains and Academic Persistence: The Role of College Stress	Alexis Reimers-Contreras
<b>P11</b>	PERSONALITY, VALUES, AND ONLINE BEHAVIOR IN EMERGING ADULTHOOD	Barbora Kňážek Považanová
<b>P12</b>	Mapping Theoretical Alignment and Target Dimensions in Emerging Adulthood Interventions	Gozde Aciker Kurtay
<b>P13</b>	The Mediating Role of Rumination and Self-Efficacy in Relationship Between Religious Residue and Identity Development	Radosław Rybarski
<b>P14</b>	Delayed Adulthood? Gender-Diverse Students and Institutional Recognition in Polish Universities	Jan Gałkowski
<b>P15</b>	Types and Sources of Social Support and the Transitional and Moratorium Orientations of Young Adults	Zuzanna Karpowicz
<b>P16</b>	Longitudinal Links Between Identity Distress and Mental Health in Emerging Adulthood	Kamil Janowicz
<b>P17</b>	Emerging Adulthood in Post-Communist Europe: A Cross-National Comparison	Wanda Zagórska

**Mental Health P18-P25 | 8 posters**

Poster no.	Presentation title	Presenting author
<b>P18</b>	Perfectionism, Anxiety, and Depression: Optimism as a Mediator	Jennifer Feenstra
<b>P19</b>	Stress or Resilience-or Both? Family Resources and Cultural Assets in the Context of Cultural Stress and Psychopathology Among Hispanic Emerging Adults	Seo Woo Lee
<b>P20</b>	The relationship between anxiety, social support and life orientations in emerging adults with and without disabilities	Małgorzata Budzicz-Rękosiewicz
<b>P21</b>	Social Media Addiction and Life Satisfaction among Romanian Emerging Adults	Beatrice A. Balgiu
<b>P22</b>	PREDICTING INTERNET ADDICTION IN EMERGING ADULTS: PERSONALITY AND ONLINE BEHAVIOR	Gabriel Kňážek
<b>P23</b>	Contributing Factors to Anxiety and Stress among North American University Students Pre-, During, and Post-COVID-19: A Scoping Review	Ayse Turkoglu
<b>P24</b>	Interplay Between Personality Values and EI in Emerging Adults Under Wartime Context	Lyudmyla Romanyuk
<b>P25</b>	Falling Down the Rabbit Hole - The Link Between Conspiracy Belief and Violent Radicalization in Emerging Adults. A Systematic Review.	Lidia Przybylak

### Parenting and Family P26 | 1 poster

Poster no.	Presentation title	Presenting author
<b>P26</b>	Helicopter Parenting and Postponed Parenthood: The Mediating Effect of Vulnerable Narcissism	Rafał Pietruszka

### Religion and Spirituality P27-P30 | 4 posters

Poster no.	Presentation title	Presenting author
<b>P27</b>	The Mediating Role of Motivation to Revenge and Anxiety in Relationship Between Religious Deidentification and Life Satisfaction	Weronika Stanisławska
<b>P28</b>	Spirituality and Revenge in Emerging Adults: The Mediating Roles of Intellectual Humility and the Light Triad	Sara Murzyńska
<b>P29</b>	"I Owe My Being To The Hills And The Valleys": The Intersection Of Ecospirituality And Meaning-Making In South African Emerging Adults	Luzelle Naudé
<b>P30</b>	The Mediating Role of Motivation to Revenge and Anxiety in Relationship Between Religious Deidentification and Life Satisfaction	Weronika Stanisławska

### Romantic Relationships P31 | 1 poster

Poster no.	Presentation title	Presenting author
<b>P31</b>	Engaged with the Idea: Marital Horizons and Emerging Adult Well-being	Briella Smith

### Work & Career P32-P33 | 2 posters

Poster no.	Presentation title	Presenting author
<b>P32</b>	Longitudinal Change of Self-Perceived Employability Throughout Emerging Adulthood	Inmaculada Sánchez-Queija
<b>P33</b>	Academic Pressure, Procrastination and Burnout in Emerging Adulthood: Evidence from Romania	Sergiu-Lucian Raiu