

EA 2026

Emerging Adults
on the Road to Maturity

EA 2026 Conference Programme

Emerging Adults on the Road to Maturity

Poznań, Poland | 29 June - 1 July 2026

Corrected programme with full presentation author lists

75

unique oral presentations

33

unique poster presentations

108

unique accepted presentations



Detailed oral session programme

Tuesday, 30 June 2026

ORAL SESSION 01 | Identity Development I

Tuesday, 30 June 2026 | 9:00-10:15 | Main Room

- | | |
|---|---|
| 1 | Experiences of Racism in the Transition from Adolescence into Emerging Adulthood in Sweden
Authors: Pär D. Stern; Sofia Berne; Linda P. Juang; Ann Friséen
Presenting author: Pär D. Stern |
| 2 | The Future as a Horizon of Hope and Repair: Future Perception among at risk Young Arab Women
Authors: Miraz Hashoul; Yafit Sulimani-Aidan; Haneen Karram-Elias
Presenting author: Miraz Hashoul |
| 3 | Pathways to Resilience: Experiences of At-Risk Arab Young Adults in Israel During Emerging Adulthood
Authors: Haneen Karram-Elias; Yafit Sulimani - Aidan; Samah Mahamid
Presenting author: Haneen Karram-Elias |
| 4 | "I Feel Lost": Career Identity Exploration During Transition-Out in China's Elite Sport System
Authors: Wenting Sun; Steven Krauss; Jordan B. Fleming Sr; Kingsley Wang; Lixin Zhang
Presenting author: Wenting Sun |

ORAL SESSION 02 | Mental Health I

Tuesday, 30 June 2026 | 9:00-10:15 | Room 1

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| 1 | Attachment to Parents, Friends and Romantic Partners and their Influence on Mental Health in Emerging Adults: A Longitudinal Mediation Analysis within a Dual-Continua Framework
Authors: Omayck Fernando Valarezo Bravo; Mónica Guzmán-González; Fabiola Gómez; Giulia Casu
Presenting author: Omayck Fernando Valarezo Bravo |
| 2 | Maladaptive Emotion Regulation and Internalizing Symptoms in Emerging Adulthood: A Longitudinal Study from Uruguay
Authors: Gabriela Fernández-Theoduloz; Valentina Begino; Santiago Cancela-Fraga; Leonel Pinazzo; Micaela Piriz; Santiago Rista; Camila Rivas; Valentina Paz
Presenting author: Gabriela Fernández-Theoduloz |
| 3 | Unpacking the Metacognitive Foundations of Coping Flexibility in Emerging Adulthood
Authors: Monique Crane; Hester Xiao; Eyal Karin; Maria Kangas; Penny Van Bergen; Raffael Kalisch; David Forbes; Daniel Gucciardi
Presenting author: Monique Crane |
| 4 | Navigating Emerging Adulthood Far from Home: Psychological, Sociocultural, and Academic Adaptation of International Students in Hungary
Authors: Dominika Matavovszky; Sebestyén Domján; Orsolya Karner; Lan Anh Nguyen Luu
Presenting author: Dominika Matavovszky |

ORAL SESSION 03 | Parenting and Family I

Tuesday, 30 June 2026 | 9:00-10:15 | Room 3

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|---|---|
| 1 | Compensatory Effects of Parental Support on Sense of Belonging to College Amid Psychological Distress: A Mixed Methods Study
Authors: Kristel Tardif-Grenier; Isabelle Archambault; Véronique Dupéré; Michel Janosz; Christine Gervais; Véronique Menand; Annie Lemieux; Roxanne Fay; Myra Tremblay
Presenting author: Kristel Tardif-Grenier |
| 2 | Choosing Differently: How Exposure to Intimate Partner Violence Shapes Early Adult Decisions
Authors: Annie Dumont
Presenting author: Annie Dumont |
| 3 | Childfreeness as a Way of Navigating Emerging Adulthood
Authors: Petra Coufalová; Hana Příkladová Kučerová
Presenting author: Petra Coufalová |
| 4 | Perspectives on the Development of Diverse Cultural Values among Indian Emerging Adults
Authors: Indranil Maity |

Presenting author: Indranil Maity

ORAL SESSION 04 | Identity Development II

Tuesday, 30 June 2026 | 10:30-11:45 | Main Room

- 1 The Transition to Adulthood - A Proposal for a Multidimensional Approach**
Authors: Lucyna Bakiera; Monika Wysota
Presenting author: Lucyna Bakiera
- 2 Building Bridges Between Arnett's and Havighurst's Theories: New Developmental Tasks in Emerging Adulthood**
Authors: Sylwia Jaskulska; Barbara Jankowiak; Emilia Soroko; Karolina Kuryś-Szyncel
Presenting author: Sylwia Jaskulska
- 3 HIERARCHICAL CARD SORT: A MIXED-METHODS TOOL FOR MAPPING EMERGING ADULTS' INFORMATIONAL SUPPORT PREFERENCES**
Authors: Josh Anderson; Sthephany Escandell; Philip Creighton; Jacqueline Nguyen
Presenting author: Josh Anderson
- 4 The Future as a Horizon of Hope and Repair: Future Perception Among At-risk Young Arab Women**
Authors: Miraz Hashoul; Yafit Sulimani-Aidan; Haneen Karram-Elias
Presenting author: Miraz Hashoul

ORAL SESSION 05 | Mental Health II

Tuesday, 30 June 2026 | 10:30-11:45 | Room 1

- 1 Paralyzed by Trump? Sociopolitical stress, mental health, and tobacco use among Mexican American emerging adults**
Authors: Seth Schwartz; C. Nathan Marti; Liza Talavera-Garza; Bara Bateineh; Caroline North; Qinghua Yang; Dhiraj Murthy; Anna Wilkinson; Alexandra Loukas
Presenting author: Seth Schwartz
- 2 Loneliness in Emerging Adulthood: Conceptual Ambiguities and Context-Dependent Coping**
Authors: Hajnalka Turóczy; Luca Verebélyi; Otilia Perczel; Zsolt Péter Szabó
Presenting author: Hajnalka Turóczy
- 3 Suicidality Among Arab Emerging Adults in Israel: Psychosocial and Cultural Factors**
Authors: Doaa Daka; Yari Gvion; Sami Hamdan
Presenting author: Doaa Daka
- 4 Thirty, Flirty, and Thriving? How Misalignment Between Expectations for Adulthood and Reality Impacts Women in Late Emerging Adulthood**
Authors: Megan Wright
Presenting author: Megan Wright

ORAL SESSION 06 | Work & Career I

Tuesday, 30 June 2026 | 10:30-11:45 | Room 3

- 1 "Too Young to Be Taken Seriously": Ageism and Labor Market Inequality among Portuguese Emerging Adults**
Authors: Cláudia Andrade
Presenting author: Cláudia Andrade
- 2 Elite Rowers as a Distinct Career Sub-Population: Transition-Out Experiences in China's State-Sponsored Sport System**
Authors: Kingsley Wang; Wenting Sun; Steven Krauss; Jordan B. Fleming Sr
Presenting author: Kingsley Wang
- 3 The needs of young people from vocational schools in terms of supporting the development of their employability – research reports**
Authors: Lucyna Myszka-Strychalska
Presenting author: Lucyna Myszka-Strychalska

ORAL SESSION 07 | Identity Development III

Tuesday, 30 June 2026 | 14:15-15:30 | Main Room

1	Global Identity Formation Scale (GIFS) Validation: Measuring Exploration and Commitment in U.S. College Students Authors: Gaby Tjahjono; Oscar Baldelomar; Riley Hensley; Joanna Tanabu; Wanyi Fu; Sarah Tannous; Daniel Baldelomar; Danica Chavez Presenting author: Gaby Tjahjono
2	VALENCES OF THE TRANSITION TO ADULTHOOD AMONG YOUNG AUSTRIANS: DEVELOPMENTAL GAINS AND BURDENS Authors: Jan Philipp Amadeus Aden; Eva Dreher Presenting author: Jan Philipp Amadeus Aden
3	Mizrahi Ethnicity in Motion: Negotiating Identity and Belonging in Emerging Adulthood Authors: Batya Ghatan Presenting author: Batya Ghatan
4	Arab Young Adults' Voices on Intersecting Risks and Identity Formation In Israel: Toward Context-Informed Social Work Practice Authors: Ruba Aburass Mograbe; Prof. Yafit Sulimani-Aidan; Dr. Haneen Elias Presenting author: Ruba Aburass Mograbe

ORAL SESSION 08 | Mental Health III

Tuesday, 30 June 2026 | 14:15-15:30 | Room 1

1	Immigration-Related Sociopolitical Stress, Mental Health, and Tobacco Use Among Mexican American Emerging Adults Authors: Seth Schwartz; C. Nathan Marti; Liza Talavera-Garza; Bara Bateineh; Caroline North; Qinghua Yang; Dhiraj Murthy; Anna Wilkinson; Alexandra Loukas Presenting author: Seth Schwartz
2	Body Image Disturbance and Substance Misuse as Longitudinal Predictors of Psychological Distress in Emerging Adults Authors: Alex Ajayi; Melissa Ertl; Jacob Schachter; Amelia Blankenau Presenting author: Alex Ajayi
3	Who's There When You Need Them? Place and the Architecture of Support for Emerging Adults in an Australian Community Authors: Erin Fitzpatrick; Amy Mowle; Alison Baker; Therese Riley Presenting author: Erin Fitzpatrick
4	"Pushed Away Though We Hurt Too": Emerging Adults Facing Unexplained Persistent Physical Symptoms in Poland – Can We Do Better? Authors: Julia Krawczyk; Ali Amiri; Michał Ziarko Presenting author: Julia Krawczyk

ORAL SESSION 09 | Finance and Economic Independence

Tuesday, 30 June 2026 | 14:15-15:30 | Room 3

1	Single, but Ready to Mingle? Financial and Relational Predictors of Relationship Flourishing Among U.S. Unmarried Emerging Adults Authors: Ashley LeBaron-Black; Matthew Saxey; Karlee Call; Melissa Curran; Brian Willoughby; Mason McGee; Tyler Dawes; E. Jeffrey Hill Presenting author: Ashley LeBaron-Black
2	California's Guaranteed Income Pilot for Youth Aging Out of Foster Care – Impacts at Program Exit Authors: Bridgette Lery; Sarah Benatar; Jaclyn Chambers Presenting author: Bridgette Lery
3	On The Road To Financial Maturity: Recalibrating Salary Expectations And Reducing Financial Anxiety In Emerging Adults in India Authors: Amrut Bang; Prathamesh Dhadse; Megha Shinde Presenting author: Amrut Bang
4	Investigating The Most Impactful Factors For Young Adults To Stay In Family Household By The Example Of Poland In 2022

Authors: Oliwier Walczak
Presenting author: Oliwier Walczak

ORAL SESSION 10 | Mental Health IV

Tuesday, 30 June 2026 | 15:45-17:00 | Main Room

- 1 The Psychological Outcomes of Online Racism Among Young Adult Arab-Palestinians in Israel: The Moderating Role of Ethnic Identity, National Self-Definition, and Social Media Political Participation**
Authors: Shira Pagorek- Eshel; Raghda Alnabilsy; Haneen Karram-Elias
Presenting author: Shira Pagorek- Eshel
- 2 Social Withdrawal among Emerging Adults**
Authors: Michele Wang
Presenting author: Michele Wang
- 3 Growing Apart or Growing Together? Family and Flourishing in Emerging Adulthood: A longitudinal Analysis of Spanish University Students**
Authors: María Del Carmen García Mendoza; Águeda Parra; Marta Díez; Mari Carmen Reina-Flores; Izarne Lizaso; Inmaculada Sánchez-Queija
Presenting author: María Del Carmen García Mendoza
- 4 The Lasting Impact of Family Social Support**
Authors: Águeda Parra; María Del Carmen García Mendoza; Enrique B. Arranz; Paula Domínguez-Alarcón; Rocío De la Fuente; Inmaculada Sánchez-Queija
Presenting author: Águeda Parra

ORAL SESSION 11 | Parenting and Family II

Tuesday, 30 June 2026 | 15:45-17:00 | Room 1

- 1 Factors Influencing The Desire For Parenthood Among Emerging Adults: A Cross-Cultural Analysis**
Authors: Paweł Ciesielski; Qing-wei Chen; Petra Coufalová; Silvia Di Battista; Fiona Tasker; Suzanna A. Bono; Su Rou Low; Wen Ting Tong; Afifah Idriss; Jorge Gato
Presenting author: Paweł Ciesielski
- 2 New trends in literature about emerging adulthood: A scoping review of empirical studies on family and home environment**
Authors: Kaja Korošec; Celia Redondo Pedregal; Joan Swanson
Presenting author: Kaja Korošec
- 3 Future Anxiety and Postponing Parenthood: The Mediating Role of Life Satisfaction and Maturity for Parenthood**
Authors: Oktawia Zalewska; Małgorzata Szcześniak; Adam Falewicz
Presenting author: Oktawia Zalewska
- 4 Religious Support and Postponement of Parenthood: The Mediating Role of Antinatalist Beliefs**
Authors: Karolina Wojtkowiak; Gabriela Błońska-Czwakiel; Adam Falewicz; Małgorzata Szcześniak
Presenting author: Karolina Wojtkowiak

ORAL SESSION 12 | Religion and Spirituality

Tuesday, 30 June 2026 | 15:45-17:00 | Room 3

- 1 Religious Identity Commitment and Intrinsic Religiosity Predict Substance-Related Attitudes in Emerging Adults**
Authors: Sarah Remland; Kaitlyn Stetzer; Oscar Baldelomar
Presenting author: Sarah Remland
- 2 Syrian and Iraqi refugee young adults' affordances and trajectories into adulthood**
Authors: Guðbjörg Ottósdóttir; Eyrún María Rúnarsdóttir
Presenting author: Guðbjörg Ottósdóttir
- 3 The Mediating Role of Light Triad and Reflexivity in Relationship Between Religious Deidentification and Identity Exploration**
Authors: Adam Falewicz; Maria Czyż; Małgorzata Szcześniak
Presenting author: Adam Falewicz

- 4 Religious Identity Profiles in Emerging Adulthood: A Cluster-Based Analysis of Exploration and Commitment Processes**
Authors: Anna Wieradzka-Pilarczyk; Alicja Jajko-Siwiek
Presenting author: Anna Wieradzka-Pilarczyk

Wednesday, 1 July 2026

ORAL SESSION 13 | Identity Development IV

Wednesday, 1 July 2026 | 9:00-10:15 | Main Room

- 1 Emerging Adulthood Across Cultures: A Mixed Method Study on Perceived Developmental Processes and Transitions in Lebanon and Italy**
Authors: Dany Abi Hadir; Anila Shala
Presenting author: Dany Abi Hadir
- 2 Volunteering as a Source of Community Identity in Emerging Adulthood**
Authors: Ondřej Hrubeš
Presenting author: Ondřej Hrubeš
- 3 Understanding Transitions in Emerging Adulthood: Balanced Time Perspective and Dimensions of Wellbeing**
Authors: Teresa Maria Sgaramella; Ezgi Cenik
Presenting author: Teresa Maria Sgaramella
- 4 Visible Selves, Uncertain Paths: Experience of Questioning Gender and Gender Identity in Emerging Adulthood**
Authors: Helena Walasz
Presenting author: Helena Walasz

ORAL SESSION 14 | Mental Health V

Wednesday, 1 July 2026 | 9:00-10:15 | Room 1

- 1 Psychological Well-being and Meaning in Life Among Emerging Adults: The Mediating Role of Psychological Resilience**
Authors: Marianna Chmiel
Presenting author: Marianna Chmiel
- 2 Chronical Stories as a Context for Development: How the Evolving Lives of Content Creators are Experienced by Emerging Adults**
Authors: Tabitha Holmes; Alexis Atwater; Alessandra DiMaggio; Elizabeth Diamond; Cameron Livingstone; Malak Serdah; Piper Mascaros; Lucian Martinez; Skar Perrotta; Alyssa Trokie
Presenting author: Tabitha Holmes
- 3 Longitudinal Relations between Social Support and Compassion and Self-Compassion in Emerging Adulthood**
Authors: Camille Elder; Ashley Fraser
Presenting author: Camille Elder
- 4 Hearing Us Changes the Story”: Young Arab-Palestinian Women’s Reflections on Research Findings on Childhood Abuse and Barriers to Service Use in Israel**
Authors: Raghda Alnabilsy; Shira Pagorek Eshel; Haneen Elias
Presenting author: Raghda Alnabilsy

ORAL SESSION 15 | Health Promotion

Wednesday, 1 July 2026 | 9:00-10:15 | Room 3

- 1 Place matters in developing physical/mental health among Indian Emerging Adulthood**
Authors: Utpal Roy; Indranil Maity; Karnia Sarkar
Presenting author: Utpal Roy
- 2 The Privilege Paradox: Life Stage and Health Barriers Among High-skilled Venezuelan Migrants in Mexico City**
Authors: Itzel Eguiluz
Presenting author: Itzel Eguiluz
- 3 mHealth Interventions Applied to Cancer Prevention Among Young Adults (Ages 18–39): A Systematic Review**
Authors: Viktor Clark; Alexandra Pflanz; Milena Insalaco; Jeffrey Ramos Santiago; Hala Awad; Zeinab Mohamed
Presenting author: Viktor Clark

ORAL SESSION 16 | Identity Development V

Wednesday, 1 July 2026 | 11:45-13:00 | Main Room

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| 1 | <p>Emerging Adulthood Or Transition To Adulthood: Cultural- Effects in Mexico
 Authors: Karen Ortega-Miranda; Sofía Rivera-Aragón; Rolando Díaz-Loving; Pedro Woolfgang Velasco-Matus
 Presenting author: Karen Ortega-Miranda</p> |
| 2 | <p>Loneliness Profiles and Identity Development in Emerging Adults: A Latent Class Analysis and Structural Equation Modelling Study
 Authors: Jan Matera; Aleksandra Panek
 Presenting author: Jan Matera; Aleksandra Panek</p> |
| 3 | <p>Positive Solitude and Identity Development: A Structural Equation Model on a Sample from Poznań
 Authors: Oliwier Walczak; Zuzanna Wasielewska; Zofia Eggebrecht; Gabriela Dudziak
 Presenting author: Oliwier Walczak</p> |

ORAL SESSION 17 | Mental Health VI

Wednesday, 1 July 2026 | 11:45-13:00 | Room 1

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| 1 | <p>Cognitive and socio-emotional development in young adults with epilepsy – case report and highlights
 Authors: Natalia Nowaczyk
 Presenting author: Natalia Nowaczyk</p> |
| 2 | <p>From uncertainty to democratic backsliding? Future worries, polarization, and anti-democratic attitudes in emerging adults
 Authors: Žiga Mekiš Recek; Žan Lep
 Presenting author: Žiga Mekiš Recek</p> |
| 3 | <p>Acculturation Stress and Onset of Mental Disorders Among Immigrant Emerging Adults in the Kenyan Context
 Authors: Zipporah Kaaria; Marian Guled
 Presenting author: Zipporah Kaaria</p> |
| 4 | <p>Risks and Stressors among Care Leavers in Arab Society during Emerging Adulthood
 Authors: Samah Mahamid; Haneen Karram-Elias; Yafit Sulimani-Aidan
 Presenting author: Samah Mahamid</p> |

ORAL SESSION 18 | Work & Career II

Wednesday, 1 July 2026 | 11:45-13:00 | Room 3

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| 1 | <p>Emerging Adults Going Through Transition: Navigating Development Crisis and Future Goals in Post-Conflict Kosovo
 Authors: Anila Shala; Dany Abi Hadir
 Presenting author: Anila Shala</p> |
| 2 | <p>Systemic Influences, Sense of Belonging and Pathways Toward Maturity and Wellbeing: Evidence from a Pilot Study
 Authors: Teresa Maria Sgaramella; Angela Rocca; Yaren Irmis
 Presenting author: Teresa Maria Sgaramella</p> |

ORAL SESSION 19 | Mental Health VII

Wednesday, 1 July 2026 | 14:00-15:15 | Main Room

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| 1 | <p>Social media addiction among students: predicting mental health and addictive behavior using random forest models
 Authors: Anita Radziun; Wiktoria Grzelak
 Presenting author: Anita Radziun; Wiktoria Grzelak</p> |
| 2 | <p>Mass Media and Mental Health in Emerging Adults: The Role of Social Media Mindsets in Psychological Well-Being
 Authors: Dariusz Krok
 Presenting author: Dariusz Krok</p> |

ORAL SESSION 20 | Parenting and Family III

Wednesday, 1 July 2026 | 14:00-15:15 | Room 1

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|----------|---|
| 1 | <p>From Attachment Styles to Parenthood Timing: The Mediating Roles of Positive Orientation and Antinatalist Beliefs</p> <p>Authors: Michał Meisner</p> <p>Presenting author: Michał Meisner</p> |
| 2 | <p>What does the research say about experiencing parental divorce during emerging adulthood? Not much.</p> <p>Authors: Melissa Landers-Potts; Anna Pierburg; Michael Cataluna</p> <p>Presenting author: Melissa Landers-Potts</p> |
| 3 | <p>Helicopter Parenting and Life Satisfaction in Emerging Adulthood: The Mediating Role of Procrastination and Readiness for Parenthood</p> <p>Authors: Małgorzata Szcześniak; Adam Falewicz; Blanka Aleksandrowicz; Lena Aleksandrowicz; Maria Buszydło</p> <p>Presenting author: Małgorzata Szcześniak</p> |

ORAL SESSION 21 | Media & Romantic Relationships

Wednesday, 1 July 2026 | 14:00-15:15 | Room 3

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| 1 | <p>“Technology is Advancing Into our Daily Lives”: Emerging Adults Use and Perceptions of Ai</p> <p>Authors: Clare Mehta; Linda Lin; Zoe Berg; Taryn Peteet</p> <p>Presenting author: Clare Mehta</p> |
| 2 | <p>Social Media Fatigue And Well-Being In Emerging Adulthood: The Role Of Social Media Use Among University Students</p> <p>Authors: Mariya Kuzyan; Alicja Czarnomska; Kamila Komorowska; Hanna Liberska; Natalia Pilarska; Dorota Suwalska-Barancewicz; Aleksandra Wolska</p> <p>Presenting author: Mariya Kuzyan</p> |
| 3 | <p>The Role of In-Care Experiences in Fostering Care Leavers' Development and Resilience During Emerging Adulthood</p> <p>Authors: Yafit Sulimani-Aidan</p> <p>Presenting author: Yafit Sulimani-Aidan</p> |

Poster session

Monday, 29 June 2026 | 14:00-15:30 | Poster Session

Posters are grouped by topic. Each entry lists the full author list from the submission record.

Identity Development

P01	Assessing Emerging Adults' Readiness for Transition to Adulthood Authors: Elaine Van Den Heuvel; Ming Cui; Francis Fincham Presenting author: Elaine Van Den Heuvel
P02	Longitudinal Links Between Identity Distress and Mental Health in Emerging Adulthood Authors: Kamil Janowicz; Jakub Duras; Kamila Skrzypczak Presenting author: Kamil Janowicz
P03	Delayed Adulthood? Gender-Diverse Students and Institutional Recognition in Polish Universities Authors: Jan Gałkowski Presenting author: Jan Gałkowski
P04	Types and Sources of Social Support and the Transitional and Moratorium Orientations of Young Adults Authors: Zuzanna Karpowicz Presenting author: Zuzanna Karpowicz
P05	Hope and Civic Attitudes as Developmental Assets for Civic Engagement in Emerging Adulthood: A Longitudinal Study Authors: Ashley Fraser; Camille Elder Presenting author: Ashley Fraser
P06	PERSONALITY, VALUES, AND ONLINE BEHAVIOR IN EMERGING ADULTHOOD Authors: Barbora Kňážek Považanová; Gabriel Kňážek; Martin Dolejš Presenting author: Barbora Kňážek Považanová
P07	Life Satisfaction and Identity Commitments Among Emerging Adults: The Mediating Role of Meaning in Life and General Self-Efficacy Authors: Julia Koziura; Łucja Januszewska; Marianna Chmiel Presenting author: Julia Koziura
P08	Identity Exploration and Psychological Well-Being in Emerging Adulthood: The Role of Deconversion and Religious Support Authors: Maria Czyż; Adam Falewicz Presenting author: Maria Czyż
P09	Identity Distress, Exploration, and Commitment: Culture and Sex Comparisons Authors: Barbara M. Gfellner; Ana I. Cordoba; Fernanda H. Cordero; Karin Bartoszuk; Jim Deal Presenting author: Barbara M. Gfellner
P10	The Mediating Role of Rumination and Self-Efficacy in Relationship Between Religious Residue and Identity Development Authors: Radosław Rybarski; Adam Falewicz; Małgorzata Szcześniak Presenting author: Radosław Rybarski
P11	Emerging Adulthood in Post-Communist Europe: A Cross-National Comparison Authors: Wanda Zagórska; Ilona Skoczeń; Anna Lipska; Veronika Kohútová; Katarína Millová; Blanka Balogh; Anna Lőrincz; Laura Szabó Presenting author: Wanda Zagórska
P12	Identity Domains and Academic Persistence: The Role of College Stress Authors: Alexis Reimers-Contreras; Emely Covarrubias; Mayra Bámaca Presenting author: Alexis Reimers-Contreras
P13	Mapping Theoretical Alignment and Target Dimensions in Emerging Adulthood Interventions Authors: Gozde Aciker Kurtay; Teresa Maria Sgaramella Presenting author: Gozde Aciker Kurtay

Mental Health

P14	Perfectionism, Anxiety, and Depression: Optimism as a Mediator Authors: Jennifer Feenstra Presenting author: Jennifer Feenstra
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P15	Social Media Addiction and Life Satisfaction among Romanian Emerging Adults Authors: Beatrice A. Balgiu Presenting author: Beatrice A. Balgiu
P16	Contributing Factors to Anxiety and Stress among North American University Students Pre-, During, and Post-COVID-19: A Scoping Review Authors: Ayse Turkoglu; Sara Hughes; Constandina Perlinghis; Martin Drapeau Presenting author: Ayse Turkoglu
P17	Stress or Resilience—or Both? Family Resources and Cultural Assets in the Context of Cultural Stress and Psychopathology Among Hispanic Emerging Adults Authors: Seo Woo Lee; Jennifer Unger; Myriam Forster; Su Yeong Kim; Daniel Soto; Stefan Schneider; Duyen Vo; Ryan Lee; Sandy Andres; Monica Pattarroyo; Gabriel Luna; Seth Schwartz Presenting author: Seo Woo Lee
P18	PREDICTING INTERNET ADDICTION IN EMERGING ADULTS: PERSONALITY AND ONLINE BEHAVIOR Authors: Gabriel Kňážek; Barbora Kňážek Považanová; Martin Dolejš Presenting author: Gabriel Kňážek
P19	Falling Down the Rabbit Hole - The Link Between Conspiracy Belief and Violent Radicalization in Emerging Adults. A Systematic Review. Authors: Lidia Przybylak; Weronika Stanisławska; Małgorzata Szcześniak; Adam Falewicz Presenting author: Lidia Przybylak
P20	The relationship between anxiety, social support and life orientations in emerging adults with and without disabilities Authors: Małgorzata Budzicz-Rękosiewicz Presenting author: Małgorzata Budzicz-Rękosiewicz
P21	Emerging adulthood and psychological distress: a latent profile analysis in a Spanish university sample Authors: Hugo Andres Sanchez Sanchez; Konstanze Schoeps; Inmaculada Montoya Castilla; Selene Valero Moreno Presenting author: Hugo Andres Sanchez Sanchez

Religion and Spirituality

P22	“I Owe My Being To The Hills And The Valleys”: The Intersection Of Ecospirituality And Meaning-Making In South African Emerging Adults Authors: Luzelle Naudé; Catherine M Shirima; Wilbert J Gobbo Presenting author: Luzelle Naudé
P23	The Mediating Role of Motivation to Revenge and Anxiety in Relationship Between Religious Deidentification and Life Satisfaction Authors: Weronika Stanisławska; Lidia Przybylak; Małgorzata Szcześniak; Adam Falewicz Presenting author: Weronika Stanisławska
P24	Spirituality and Revenge in Emerging Adults: The Mediating Roles of Intellectual Humility and the Light Triad Authors: Sara Murzyńska Presenting author: Sara Murzyńska

Finance and Economic Independence

P25	Exploring the Determinants of Youth Sustainable Financial Literacy Authors: Eija Juntunen Presenting author: Eija Juntunen
P26	Beyond Income: The Role of Intrinsic and Extrinsic Aspirations in Emerging Adults' Subjective Financial Well-being Authors: Rimantas Vosylis; Angela Sorgente; Rasa Erentaitė Presenting author: Rimantas Vosylis
P27	Food Insecurity Among University Students: Coping Strategies and Dietary Outcomes Authors: Zuzanna Wasielewska Presenting author: Zuzanna Wasielewska

Health Promotion

P28	The Link between Child Maltreatment, Health Behaviors, Physical Health, and Chronic Disease in Emerging Adults
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	<p>Authors: Kimberly Rapoza Presenting author: Kimberly Rapoza</p>
P29	<p>Emerging Adulthood in the Shadow of Multiple Sclerosis. The Role of Self-Management in the Quality of Life of Patients Aged 17–25 Authors: Magdalena Brzoza; Agnieszka Maryniak Presenting author: Magdalena Brzoza</p>

Work & Career

P30	<p>Longitudinal Change of Self-Perceived Employability Throughout Emerging Adulthood Authors: Inmaculada Sánchez-Queija; Reyes Vargas; Mario Rodríguez-Pérez; Patricia Macia; Klara Smith-Etxeberria; Águeda Parra Presenting author: Inmaculada Sánchez-Queija</p>
P31	<p>Academic Pressure, Procrastination and Burnout in Emerging Adulthood: Evidence from Romania Authors: Sergiu-lucian Raiu; Oana-andreea Grosu Presenting author: Sergiu-lucian Raiu</p>

Parenting and Family

P32	<p>Helicopter Parenting and Postponed Parenthood: The Mediating Effect of Vulnerable Narcissism Authors: Rafał Pietruszka; Małgorzata Szcześniak; Adam Falewicz; Marianna Chmiel; Małgorzata Matecka; Karolina Wojtkowiak; Julia Łoś; Anieli Szczerba; Zuzanna Siedlecka; Joanna Pracka Presenting author: Rafał Pietruszka</p>
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Romantic Relationships

P33	<p>Engaged with the Idea: Marital Horizons and Emerging Adult Well-being Authors: Briella Smith; Larry Nelson; Nathan Leonhardt; Ashley LeBaron-Black; Brian Willoughby Presenting author: Briella Smith</p>
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